



Matt Flint

Born in Scarborough, North Yorkshire, Matt began dancing at the age of 12 and after quickly discovering his passion he put all his focus into becoming as versatile a dancer as possible. He went on to train for 3 years at Laine Theatre Arts and has since then choreographed and danced internationally, ranging from musicals and television to dance companies and feature films.

When he is not performing, Matt loves to work with young people. For the last 10 years he has had regular teaching posts at some of London's top Performing Arts Colleges and he travels the UK and Europe providing Masterclasses to students of all ages with his company, Happy Feet Productions, of which he is Creative Director.

Creating new material for students led Matt to discover a love for choreography. He now choreographs for Film, TV and Theatre. Recent credits include All Stars 3D (Vertigo Films), So You Think You Can Dance (FOX), Strictly Come Dancing, Let's Dance For Comic Relief (BBC), Children In Need & Sports Relief (BBC). He is the Co-Creator of Can You Dance? An annual competition aimed at finding the UK's best dance talent.

On the side, Matt works as a presenter. Most recently hosting Olympic Men's Football (Ricoch Arena) and Rhythmic Gymnastics (Wembley Arena) both for London 2012 and the main stage at Move It 2013 & 2014.

Also in 2011, Matt won Series 2 of So You Think You Can Dance (BBC) in which he was crowned Britain's favorite dancer.