



Miss Lauren



Lauren is a professional Dancer, Singer and Actress. She started her training at Adagio School of Dance before becoming a graduate from The Urdang Academy gaining a National Diploma in Musical Theatre and Dance.

Her professional experience since graduating includes; Warm-up Artist for 'The Alexandra O'Neal Show', Dancer on BBC1's 'The One Show' working with renowned choreographer and ex Strictly Come Dancing judge Arlene Phillips. A dancer for a 'Great Gatsby' event in Earl's Court London aswell as performing in pantomime productions such as, Sleeping Beauty playing the role of Queen Esmerelda and Princess Jasmine in Aladdin.

Her TV credits include; 'Mr Selfridge' II & III (ITV), 'Endeavour - Inspector Morse The Early Years' (ITV) 'Edge of Heaven' (ITV), and 'Liptons Tea' commercial.

With her wealth of experience in the professional world, Lauren is now delighted to be a part of the fabulous team at Adagio, and is passionate for teaching and passing her training and knowledge of the performing industry onto aspiring performers.

